

Massillon City Health Department 2015 Annual Report

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Health Commissioner/Administrator
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Administration and Staff

Front: Vicki Theis, Registrar and Notary; Dr. Louis Schaner, DO, Medical Director; Erin Wise, RD, LD, WIC Supervisor, holding Tegan Wise; Vicki Porter, WIC Clinical Assistant; Standing: Terri Argent, RS, REHS, Health Commissioner, Bethany Perkowski, RS, Sanitarian; Denaye Hagi, RN, Public Health Nurse; Diana Wood, RN, Director of Nursing; and Penni Roderick, Deputy Registrar

From the Health Commissioner...

Some of the most important assets to the Massillon City Health Department are the many partners that we work with in our community. One of these collaborations is the Massillon Community Gardens Coalition, which produced four successful gardens in 2015, and more new gardens planned for 2016. Some of the members in this coalition were from the Health Department, Massillon Parks and Recreation, Stark County Master Gardeners, Walsh University, OSU Extension, Massillon Museum, Live Well Stark County, St. James Church, and others.

Several of our programs are conducted by partnering with the Ohio Department of Health, such as **Steady U**, a fall prevention and balancing program for senior citizens. We also work with the American Cancer Society and the American Lung Association to provide programs to prevent smoking and tobacco use for middle school students.

We hope to cultivate new partners in the future. We will be working with Stark Parks, participating in their **Live Well** projects. We are also working with Kent State University, Massillon Affinity Medical Center, and the Stark County, Canton, and Alliance Health Departments in our effort to move toward Accreditation.

It is vital and essential to maintain partnerships within our community. With many entities working for the health and safety of our citizens, everyone benefits.

**Massillon City Health
Department
Environmental Health
Statistics for 2015**

Licensed Programs – Licenses Sold

Food Service/ Food	
Establishment Operations.....	196
Mobile Unit Food Service.....	17
Temporary Food Service.....	25
Vending Locations.....	48
Swimming Pools.....	8

Food Protection Inspections Made

Food Service Operations/Retail	
Food Establishments.....	452
Mobile/Temporary.....	88
Vending Machine Inspections.....	36
Food Complaints Received	15
Consultations	23
Plan Reviews (new or remodeled).....	8

Nuisance Control

Residential Complaints.....	359
Commercial Complaints.....	15
Inspections Made.....	521
Orders Issued.....	309
Orders in Compliance	299

Other Environmental Inspections

Swimming Pools.....	15
School Environment Inspections.....	7
Smoking in Public Places Investigation...	4

Environmental Health

Terri Argent, RS, REHS, and Bethany Perkowski, RS, new to the Massillon City Health Department, are the two Registered Sanitarians who work in the Environmental Health Division. Bethany comes to us with prior public health experience, having become a Sanitarian in Training in 2006, and a Registered Sanitarian in 2009.

The Environmental Health Division is responsible for licensing food service establishments in the city and monitoring them for compliance with the State of Ohio Uniform Food Safety Code. They conduct nuisance complaint investigations and enforcement, inspect public pools and spas, regulate tattoo and body piercing businesses, conduct school inspections, and provide mosquito control and education to City residents.

The Sanitarians have been working with the Massillon Fire Department's Fire Prevention Inspectors in the licensing phase of new operations, the inspection phase of existing operations, and in response to complaints that involve both fire and health. This collaboration has created a more effective response by both the Health and Fire Departments.

Notably, in 2015 the Health Department began working closely with the city's Food Service Operators and Retail Food Establishments to provide relevant safe food handling education to their employees. In the second half of 2015 approximately fifty people participated in safe food handling classes. In addition, it is important to the food inspectors that further education is provided to every operator at every inspection.



2015 Revenue

General Fund Monies...	\$359,994
Nursing/WIC.....	154,819
Vital Statistics Fees.....	84,638
State Subsidy.....	9,093
Environmental Health.....	72,417
Miscellaneous.....	3,865

Total Revenue.....\$684,826

2015 Expenditures

Nursing/WIC Lab Fees...	\$286,123
Environmental Health....	186,884
Vital Statistics.....	157,281
State Fee Remittances.....	52,170

Total Expenditures...\$682,458

WIC Division

The Supplemental Nutrition Program for Women, Infants and Children (WIC) helps income eligible pregnant, postpartum, and breastfeeding women, infants and children up to five years of age who are at health risk due to inadequate nutrition. The program improves pregnancy outcomes by providing or referring to support services necessary for full-term pregnancies, reduces infant mortality by reducing the incidence of low birth weight, and provides infants and children with a healthy start in life by improving poor or inadequate diets. Brief alcohol risk screening is also being completed with every pregnant participant to reduce the risk of fetal alcohol syndrome. Applicants to the program must live within the city limits, possess a medical or nutritional risk, and be within income guidelines.



WIC provides nutrition education in the form of classes and individual one-on-one support by a registered dietitian, breastfeeding education and support; and supplemental, highly nutritious foods such as milk, eggs, juice, cereal, beans, peanut butter, whole grains, fruits and vegetables. In 2015 WIC made a transition to electronic benefits. We no longer issue paper coupons! This makes the process more efficient and more convenient, not only in the office, but at the WIC approved stores as well. WIC runs a Farmers Market Program during the summer months, which helps participants access seasonal fresh fruits and vegetables at our local farmers markets. WIC works with other community agencies to provide appropriate referrals to prenatal and pediatric health care and other maternal and child health and human service programs.

The Massillon WIC office has continued to increase the number of infants on the program that are initially breastfed at birth, thanks to a very strong peer helper program including after-hours support when needed.

Public Health Nursing

Selecting a car seat for a child can be an overwhelming task for parents and caregivers. There are so many car seat manufacturers, each with several types and styles to choose from. Does the child need a rear-facing seat, convertible, combination, high-back, or backless booster seat? Does the child need a rear-facing seat only, with or without a detachable base - a three point harness or a 5-point harness? There are so many options to choose from, and the instruction booklets can be very confusing. Many parents and caregivers do not understand how to properly install and use child care seats. The misuse rate for car seats, booster seats, and seat belts is 74-90%. The number one cause of death and injury to children in the United States is motor vehicle crashes.

Diana Wood, RN, BSN, attended the Stark County Passenger Safety Technician Training Course that was offered in 2015. This class consisted of classroom lectures and hands-on activities, and provided basic knowledge in proper car seat use and installation.

The primary goal of the Child Passenger Safety Technician (CPST) is to educate the parent/caregiver on the correct selection, installation, and proper use of car seats and booster seats.

Child Immunizations

21 Act HiB	54 MMRV
53 DTap	85 Menveo
144 HPV	74 Pentacel
39 HPV9	69 Polio
184 Hepatitis A	93 Prevnar 13
112 Hepatitis B	24 Rotovirus
157 Influenza	18 Td
41 Kinrix	111 Tdap
65 MMR	97 Varicella

1,470 Vaccines Administered

BCMH

(Bureau of Children
with Medical Handicaps)

Active Clients	85
Home Visits	45
Consultations	11
Help Me Grow Referrals	7
Other Referrals.....	7

Tuberculosis Clinics

TB Tests Administered	72
Positive Reactors	0
Direct Observation Therapy	2

to families meeting the eligibility requirements. The kit includes a Halo Sleep Sack, a fitted crib sheet, a Sleep Baby Safe and Snug book, educational brochures, a safe sleep DVD, and a room temperature gauge. The class includes a video on safe sleep, education regarding safe sleep practices, and a demonstration on how to assemble the Pack n Play.

The nursing staff provides education and gives all parents or caregivers the Sleep Baby Safe and Snug book to all infants coming in for immunizations. Safe sleep education is also displayed throughout the Health Department to raise awareness and promote safe sleep.

The WIC Program assists with the screening process and identifies families that are in need of a safe place for their babies to sleep. The Vital Statistics Department also contributes to the cause by providing all individuals requesting a Birth Certificate with literature on safe sleep practices.

Disease Statistics

(These diseases are reportable by Ohio Revised Code)

	<u>2013</u>	<u>2014</u>	<u>2015</u>
Campylobacteriosis	1	4	1
Chlamydia	121	164	166
Cryptosporidiosis	-	3	5
Giardiasis	4	-	1
Gonorrhea	45	38	41
Hepatitis B, Chronic	1	6	2
Hepatitis C, Acute	-	-	3
Hepatitis C, Chronic	24	24	55
Legionellosis	1	-	3
Meningitis, Aseptic	3	1	3
Mycobacterial disease (other than tuberculosis)	2	3	3
Pertussis	-	16	7
Salmonellosis	3	1	4
Shigellosis	13	1	0
Streptococcus Pneumoniae	-	2	2
Yersiniosis	-	1	0
Influenza associated hospitalization	32	41	25

Infant mortality is on the rise in Stark County, and in an attempt to curb infant deaths, the Massillon Health Department Nursing Division took the initiative to actively participate in raising awareness of the issue by providing Cribs for Kids classes. The nursing staff received training from the Stark County Health Department in order to teach the Cribs for Kids classes at the Massillon Health Department. The Cribs for Kids Program provides a Graco Pack N Play and a Safe Sleep Survival Packet free of charge



Vital Statistics



As part of a community service program, the Massillon City Health Department initiated a campaign to inform middle school age children, grades 5 through 8, of the health risks of smoking. Young people who use tobacco are more likely to use alcohol and drugs; and youths who have not started using tobacco by age 18 probably won't ever start. Penni Roderick, Deputy Registrar, obtained books, brochures, bookmarks and other information for students from the American Cancer Society and the American Lung Association. The highlight of this Tobacco Free Program was the opportunity to schedule Mr. James Cotton, former Ohio State University lineman and professional football player, to present his program, **Tackle Tobacco** to the students. His **Tackle Tobacco Campaign** provides awareness to students, athletes, parents and coaches of the importance of maintaining a tobacco-free

life style by illustrating the short and long-term effects of tobacco use. Penni Roderick, along with the help of Emily Lee, Senior Director of Programs for the American Lung Association of the Midland States, and Jennifer Fischer, Principal of St. Mary Parochial School, presented Mr. Cotton's program to the students of St. Mary School. He answered students questions and autographed pictures and cards presented to the students during the program.

2015 Vital Statistics

Births filed6

1,530 certified copies were issued

Deaths filed456

Fetal Deaths filed..... 1

1,797 certified copies were issued

2015 Animal Bite/Exposure Reports

Dogs.....98

Cats.....15

Bat Exposures.....0

Other Animals.....2

Total.....115

There were no positive tests for rabies

As Registrar of Vital Statistics, Vicki Theis maintains birth and death records for the citizens of Massillon. These certificates are filed with the Ohio Department of Health. Causes of death in the City of Massillon mirror the nation, with heart disease and cancer being the leading contributors. Greatly concerning the Health Department is a preventable cause of death . that being death caused by senior citizens falling. This year Vicki and the Massillon Parks Department held a Senior Health Fair emphasizing **A Matter of Balance**, a program sponsored by the Ohio Department of Health for people 60 years and older to encourage regular exercise and home safety to prevent falling accidents. Visit our website at www.SteadyU.ohio.gov

10 Leading Causes of Death In 2015

Cardiac/Heart disease.....132

Cancers.....68

Alzheimers/Dementia.....55

Pulmonary/Emphysema/COPD.....46

Sepsis.....44

Renal/Kidney disease.....17

Stroke/Cerebrovascular Accident.....13

Pneumonia.....12

Accidental Drug Overdose.....10

Diabetes.....6

All Other Causes.....53

Total.....456

2015 Board of Health

Board terms are staggered and expire on December 31

Kathy Catazaro-Perry, President; Rob Church, 2015; Pastor Reginald Hye, 2016; Jo-Ann Ryder, 2017; Jeffrey Thornberry, President Pro-tem, 2018; Jim Johnson, 2019; Dr. Louis Schaner, DO, Medical Director

Board meetings are held in the Health Department Conference Room at 3:30 pm on the third Tuesday of each month. Meetings are open to the public.

2015 City Council Health & Welfare Committee

Shaddrick Stinson, Chairperson

Nancy Halter

Sarita Cunningham-Hedderly