

## Massillon City Health Department 2018 Annual Report



### Meet the Staff of the Health Department!

Staff members: (left to right) Front Row: Vicki Theis, Registrar, Vital Statistics; Diana Wood, RN, Director of Nursing, Nursing Division; Erin Wise, RD, LD, WIC Supervisor, WIC Division; Audrey Milburn, RN, Public Health Nurse, Nursing Division; Back Row: Crystal Gardner, Deputy Registrar, Vital Statistics; Terri Argent, RS, REHS, Health Commissioner/Administrator; Bethany Perkowski, RS, Environmental Health Director; Vicki Porter, WIC Clinical Assistant WIC Division

### From the Health Commissioner...

I am proud to announce that the Massillon City Health Department was selected to receive the 2018 Mayor's Community Service Award. Two new programs contributed to our nomination for this award. Through donations we collected school supplies and filled 36 backpacks for students needing items to begin school. This campaign was led by Audrey Milburn, RN, in partnership with the Walnut Hills Neighborhood Association and the Massillon City Schools. The staff also collected donations of food for school students who may not get enough to eat during their Christmas break. Bethany Perkowski, RS, led this program in collaboration with the Massillon City School's Family Support Specialist.

The Massillon City Health Department will continue these programs yearly. We are always striving to continually improve the quality of services provided to the citizens of Massillon and offer solutions and programs where there is need in our community.

### **Accreditation Activities**

The Stark County Community Health Assessment identified three areas of need in Stark County and the Community Health Improvement Plan is the tool that our Health Department uses as a guideline for fulfilling those needs. The three areas of need were: increased access to health care for all citizens, more resources for mental health care, and decreasing infant deaths. To increase citizens' access to health care the Health Department nurse, Audrey Milburn, RN, designed a "Know Your Numbers" program. She goes to the Massillon Senior Center, the Massillon Rec. Center, St. Joseph Catholic Church Soup Kitchen, and SMHA Lincoln Way Apts. where she checks blood pressures, BMI, height and weight, and she gives healthy living education and referrals. These services are provided at no cost.

To support mental health in our community the Health Department was active in our Mayor's Kindness Committee. Adults and children who are observed doing acts of kindness are rewarded with kindness bucks, which they can turn in for prizes and parties.

To address infant mortality issues we provide breastfeeding support through our WIC division. Trained lactation peers provide counselling and education for mothers. We also provided infant car seat adjustment and education. PHAB 5.2.3, 5.2.4

Our vision: A community where all residents have access to services to achieve a healthy lifestyle both mentally and physically.

### **Vital Statistics**

Your Massillon City Health Department, Vital Statistics Division, is here to provide birth certificates for purchase if you were

born anywhere in Ohio. It is a five minute process if you come into our office and the cost is \$25.00. They can also be ordered online with a credit card at www.vitalchek.com.

We also register deaths that occur within the city limits, can do affidavits of correction for mistakes/misspellings on birth and death records, can add biological fathers to birth certificates with Acknowledgement of Paternity affidavits signed by both parents, and can assist those who have never had their birth certificate and need to possibly do a delayed filing of it at the Probate Court.

This division also tracks animal bites of pet owners who live in the city limits, and requires the owners to have their dog/cat/ferret seen by a veterinarian to verify the animal is in good health and has a current rabies vaccination for the protection of the bite victim, as well as the general public.

We do various other jobs, such as public swimming pool and food service operation licensing, and documenting nuisance complaints in the neighborhoods. We are always glad to help if you call, or come into the health department.

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### 2018 Massillon Vital Statistics

## 2018 Animal Bite/Exposure Reports

Total ...... 120
There were no positive tests for rabies

### WIC

The Supplemental Nutrition Program for women, infants, and children (WIC) helps income eligible pregnant, postpartum, and breastfeeding women, infants and children up to five years of age who are at health risk due to inadequate nutrition. The program improves pregnancy outcomes by providing or referring to support services necessary for full-term pregnancies, reduces infant mortality by reducing the incidence of low birth weight and provides infants and children with a healthy start in life by improving poor or inadequate diets.

Brief alcohol risk screenings are being completed with every pregnant participant to reduce the risk of fetal alcohol syndrome. In an effort to reduce infant mortality, all infants are screened for a safe sleep environment, and a referral is made to help participants achieve a safe place for their baby to sleep. Appropriate referrals are made for any participant that may be in need of programs such as Help Me Grow, BCMH, THRIVE, or other beneficial services that are offered throughout Stark County. Applicants to the program must live within the city limits, possess a medical or nutritional risk, and be within income guidelines.

The Massillon WIC office is small, friendly, and client centered. We strive to offer the best comfort and care of participants in a fast and efficient manner. Benefits are issued electronically for ease and convenience in the stores and a shorter time in our office. State WIC offers a food list that is constantly changing to add more variety and offerings to our participants.

Our WIC office provides nutrition education in the form of classes and individual one on one support by a registered dietitian. Our nutrition education offerings have been developed with participants input, and are changed regularly throughout the year, to stimulate learning and implementation. Our breastfeeding team has an after-hours warm line that allows participants to seek help with breastfeeding after normal working hours. Our staff cares for our participants and strives to establish client centered goals for each participant that will empower them to make changes in their everyday lifestyle for the betterment of their and their children's overall health.

As a special offering, throughout the summer months participants are offered twenty dollars in a fruit and vegetable voucher for each eligible participant to be spent at the local farmer's markets. The Massillon WIC office offers both the vouchers as well as a mini farmer's market on site for the ease of use for our participants.

Outreach is performed regularly at area doctor's offices, food pantries, soup kitchens, daycares, and community partners in an effort to reach all eligible participants. WIC continues to change lives in the community by working as a partnership with parents to build strong and healthy children. We are here to support mothers and caretakers of small children to enable them to help their child achieve the best start in life.

### **Environmental Health**

# **Environmental Health Director: Bethany Perkowski, RS**

Bethany Perkowski, RS is the Environmental Health Director for the Massillon City Health Department. The Environmental Health Division is responsible for licensing food service establishments in the City and monitoring them for compliance with the State of Ohio Uniform Food Safety Code, conducting nuisance complaint investigations and enforcement, inspecting public pools and spas, regulating tattoo and body piercing businesses, conducting school environment inspections, and providing mosquito control and education to City residents.

The Massillon City Health Department continues to offer Ohio Department of Health approved Level 1 and Level 2 certifications in Food Protection. In 2018, 143 people received their Level 1 certificate in Food Protection, and 61 people completed the Level 2 approved ServSafe course. Level 1 courses are offered monthly with additional classes added as needed, and the Level 2 class is generally offered every other month with additional classes added as requested.

Food Safety: The Environmental Health Division is responsible for licensing food service operations and retail food establishments, mobiles, temporary food operations, and vending machines within our jurisdiction. In addition, the Sanitarians are responsible for conducting inspections to monitor for compliance with the State of Ohio Uniform Food Safety Code. Education continues to be an important aspect of the food safety program. The Massillon City Health Department continues to offer Ohio Department of Health approved Level 1 and Level 2 certifications in Food Protection. In 2017, 99 people received their Level 1 certificate in Food Protection, and 92 people completed the Level 2 ServSafe course.

### 2018 Revenue

Carry Over	\$20,349
General Fund Monies.	\$365,447
Nursing/WIC	\$135,880
Vital Statistics Fees	\$77,302
State Subsidy	\$9,374
Environmental Health.	\$71,362

### Total Revenue...... \$698,919

### 2018 Expenditures

Nursing/WIC Lab Fees ...\$173,219 Environmental Health....\$205,784 Vital Statistics.....\$159,656 State Fee Remittances......\$7,411

Total Expenditures.... \$684,065

## Massillon City Health Department

## Environmental Health Statistics for 2018

## Licensed Programs – Licenses Sold

Food Service/ Food	
Establishment Operations	202
Mobile Unit Food Service	21
Temporary Food Service	22
Vending Locations	42
Swimming Pools	8

### **Food Protection Inspections Made**

Food Service Operations/Retail	
Food Establishments	412
Mobile/Temporary	88
Vending Machine Inspections	32
Food Complaints Received	12
Consultations	33
Plan Reviews (new or remodeled)	25

### **Nuisance Control**

Residential Complaints	283
Commercial Complaints	13
Inspections Made	649
Orders Issued	368
Orders in Compliance	310

### **Other Environmental Inspections**

Swimming Pools	.1!
School Environment Inspections	.1
Smoking in Public Places Investigation.	!

Public Health Nuisances: Every public health complaint received by the Health Department is investigated and orders are issued as needed. Follow-up inspections are conducted to ensure the nuisance has been corrected at which time the nuisance can be abated.

Public Swimming Pools and Spas: All licensed public swimming pools and spas are inspected to ensure the minimum standards are being met in order to protect the public from injury and to minimize the potential for disease transmission.

Tattoo and Body Piercing Operations: Tattoo and body piercing operations are inspected to make certain that the operation is being conducted in a safe and sanitary manner by appropriately trained individuals.

School Environment Health and Safety: Nine schools within the City of Massillon receive an annual school building exterior, interior, and grounds inspection.

Mosquito Control: The Massillon City Health Department uses an integrated pest management program to control mosquito populations. This program includes educating the public, removing mosquito breeding sites, larviciding to prevent mosquito larva from developing into biting adults, and spraying adult mosquito populations if needed.

### **Know Your Numbers**

Heart disease, diabetes, and stroke are amongst the leading causes of death in the United States, which makes prevention and early detection key to a healthy life. Know Your Numbers offers a free, basic health screening of certain health indicators to help with detection and prevention of these diseases. The health screening consists of a blood pressure check, cholesterol and glucose screening, height and weight measurement and Body Mass Index (BMI) calculations. Once the public health nurse has completed the screenings, healthy living education and tips are provided to the participant.

The Know Your Numbers program launched in May of 2018 through the Massillon City Health Department, who partnered with the American Heart Association's Check, Change, Control program. In 2018, 100 people in the Massillon community participated in the program with many participants having monthly blood pressure checks. A grant received from The Austin-Bailey Health and Wellness Foundation allowed the Know Your Numbers program to be offered at many outreach locations throughout the year including the Massillon Recreation Center, the Massillon Senior Center, Friendship Village Apartments and the St. Joseph Catholic Church Soup Kitchen. The Health Department hopes to expand this service in 2019 in order to continue serving those in need in the Massillon Community.

### **Tuberculosis Clinics**

TB Tests Administered ......57
Positive Reactors ......0

#### **Immunizations Administered**

98	Act HiB	61	MMR
114	Bexsero	33	MMRV
1	DT	74	Pediarix
59	DTap	58	Polio
180	Hepatitis A	98	Prevnar 13
33	Hepatitis B	35	Rotovirus
171	HPV9	11	Td
216	Influenza	95	Tdap
29	Kinrix	88	Varicella
180	Menveo		

1.634 Vaccines Administered

#### **BCMH**

(Bureau of Children with Medical Handicaps)

Home Visits	14
BCMH Referrals	4

Safe Sleep Classes ...... 4



### **Disease Statistics**

(These diseases are reportable by Ohio Revised Code)

	2016	2017	2018
Amebiasis	1	1	0
Campylobacteriosis *	8	2	8
Chlamydia	181	192	163
CP-CRE			3
Cryptosporidiosis	3	3	1
E coli, Shiga Toxin Producir	ng 1	2	1
Giardiasis	1	1	3
Gonorrhea	43	40	47
Hepatitis A	0	1	0
Hepatitis B, Acute	0	2	0
Hepatitis B, Chronic	3	5	6
Hepatitis C, Acute	1	0	1
Hepatitis C, Chronic	55	38	39
Influenza associated			
hospitalization	27	39	45
Legionellosis	0	0	2
Lyme Disease	3	1	4
Malaria	1	0	
Meningitis, Aseptic	0	2	3
Meningitis, bacterial	0	1	1
Mumps	0	1	0
Pertussis	5	5	6
Salmonellosis	3	5	7
Shigellosis	0	0	5
Spotted Fever Rickett Siosi	s 0	2	0
Streptococcal, Group A,			
invasive	- 10 <del>-</del>	2	2
Streptoccus pneumoniae,			
invasive antibiotic,			
resistance unknown	Section 1		ME SE
or non-resistant	4	4	1
Streptoccus pneumoniae,			
invasive antibiotic,			
resistant/intermediate	1	4	1
Varicella	5	3	0

## 2018 Board of Health

Board terms are staggered and expire on December 31.

Kathy Catazaro-Perry, President; Cathy Heitger, 2022;

Jeffrey Thornberry, President Pro-tem, 2018;

Jim Johnson, 2019; Dr. Sonia Glick-Ullum, 2020;

Pastor Reginald Hye, 2021; Dr. Louis Schaner, DO, Medical Director

Board meetings are held at 3:30 pm in the Health Department Conference Room on the third Tuesday of each month.

Meetings are open to the public.

2018 City Council Health & Welfare Committee

Ed Lewis

Linda Litman, Chairperson

Jill Creamer

