



MASSILLON CITY HEALTH DEPARTMENT

Quarterly Newsletter

Spring 2025

Spring is a bustling season at the Health Department, filled with a variety of exciting events. We organized two Community Baby Showers for expectant and new mothers, offering valuable educational content from our Registered Dietitian. These events were available in both English and Spanish, enabling us to connect with a wider audience across diverse demographics.



To ensure learning goals are met and to better address participants' needs, surveys are conducted after each shower. Additionally, seven community partners were on hand to provide helpful resources. We're excited to host more Community Baby Showers this fall.

Spring is nature's way of saying, "Let's party!"

- Robin Williams



Bundled up volunteer workers at our latest Pop-Up Pantry

In This Issue

- What's happening at the HD
- Nurses corner
- StarkFresh free seed library
- Upcoming events

What's the big deal about the Measles?

With the rise in measles cases in the United States, there is some important information to know about the measles virus, and how you can protect yourself from the measles.



What is the Measles?

The measles virus spreads easily and can be serious, even potentially fatal for young children. The virus is found in the nose and throat of an infected individual that is spread through respiratory droplets. Measles are contagious from four days before the rash appears and up to four days after the rash appears.

What are the symptoms of the Measles?

Symptoms typically appear around 10 to 14 days after being exposed to the virus. Symptoms typically start as an upper respiratory infection and then a rash develops. The following are typical signs and symptoms of measles:

Dry cough

Runny nose

Sore throat, Inflamed eyes (conjunctivitis)

Koplik's spots-Tiny white spots with bluish-white centers on a red background found inside the mouth on the inner lining of the cheek

A skin rash made up of large, or flat blotches that often flow into one another



What are complications of the Measles?

There are mild to severe complications of the measles that include:

Diarrhea and vomiting

Ear infection

Bronchitis

Pneumonia

Encephalitis- irritation and swelling (inflammation) of the brain

Pregnancy problems include premature birth or low birth weight

How to prevent the Measles?

Being vaccinated by the Measles, Mumps, Rubella (MMR) vaccine is your best protection against the measles. Two doses of the MMR vaccine is 97% effective in preventing a person from contracting the measles.

For questions about the measles or measles vaccination, you can call the Nursing Division at (330) 830-1714.

Programs & Services

- Birth and Death certificates
- Nuisance complaints
- Food and pool inspections
- Women, Infants and Children Program (WIC)
- Childhood and COVID Immunizations
- Cribs for Kids
- Car seat installation checks
- Project Dawn Naloxone Kits
- HIV testing
- Fentanyl and Xylazine test Strips
- Anytime CPR Kits
- Gun locks

Closings

Good Friday

April 18, 2025

Memorial Day

May 26, 2025

The Massillon City Health Department is proud to be partnering with StarkFresh to provide FREE vegetable and herb seeds. Stop by and stock up for this growing season. They are conveniently located in our front lobby while supplies last!



StarkFresh 2025 Seed Library

Available March 1st-until supplies last!

FREE Vegetable & Flower Seeds are available at the following locations

StarkFresh Grocery Store	321 Cherry Ave NE - Canton
Canton City Public Health	420 Market Ave N - Canton
Stark Parks-Sippo Lake Park	5712 12th St NW - Canton
Bridge Point Community Svcs	2701 Cleveland Ave S - Canton
Canal Fulton Public Library	154 Market St E - Canal Fulton
North Canton Public Library	185 N Main St - North Canton
Rodman Public Library	215 E Broadway St - Alliance
Alliance City Health Dept	537 E Market St - Alliance
StarkFresh Grocery Store	405 S Linden Ave - Alliance
Louisville Public Library	1600 S Nickelplate Ave - Louisville
Massillon City Health Dept	611 Erie St South - Massillon
Massillon Public Library-Main	208 Lincoln Way E - Massillon
Minerva Public Library	677 Lynnwood Dr - Minerva

for information on StarkFresh visit www.starkfresh.org

Seed Packets Generously Donated by: Marc's Grocery Stores, Canton City Public Health



Massillon City Health Department



Indoor Seed Starting:

If you haven't already, you should start planting your tomato, pepper, and eggplant seeds indoors.

By starting your seeds indoors it allows a more mature plant to be transplanted to your outdoor garden. By having a more mature plant this can lead to a more productive harvest.



UPCOMING EVENTS

Ongoing: We've begun collecting plastic bags and other plastic items for the NexTrex program. This wonderful initiative allows us to recycle these materials into a bench, which will be placed at the Massillon Community Health Garden. A collection box is available in the lobby of the Health Department. If you would like a flyer for your business or need more information on how you can get involved, please reach out to Katie at 330-809-0397.

March 18th: We will be hosting our third Free Drive-Thru Pop-Up Pantry Event in collaboration with the Akron-Canton Regional Foodbank and Massillon City Schools. We are thrilled to offer this unique way to serve our community. The event will take place from 12:00 PM to 2:00 PM on the third Tuesday of the month at 611 Erie St S. Each family will receive a bag and box filled with assorted food items, packed by volunteers.

May 17th: This year marks the third growing season for the Massillon Community Health Garden, and we're excited for Planting Day. It's a wonderful opportunity to learn gardening skills while enjoying the benefits of being outdoors for your mental health. If you're interested in volunteering or making a donation, please contact Katie at 330-809-0397.

*Any suggestions or ideas for the newsletter can be submitted to:
mstanley@massillonohio.gov*



Contact Us

Give us a call for more information about our services.

Front Desk/ Vital Stats
(330) 830-1710

Health Commissioner
(330) 830-1712

Environmental
(330) 830-1795

Nursing
(330) 830-1714

WIC
(330) 830-1715

Location
611 Erie St S
Massillon, OH 44646

Hours of operation
Monday– Friday
8:30am-4:30pm

Visit us on the web at
massillonohio.gov/health

Vision: A community where all residents have access to services to achieve a healthy lifestyle both mentally and physically.