



MASSILLON CITY HEALTH DEPARTMENT

Quarterly Newsletter

Spring 2025

PERSONAL AND PROFESSIONAL PARTICULARS				MEDICAL CERTIFICATE OF DEATH	
3 SEX M	4 COLOR OR RACE W	5 Single, Married, Widowed or Divorced (write the word) Married		16 DATE OF DEATH (month, day and year) 4-26 1927	
14 If married, widowed or divorced HUSBAND of (or) WIFE of Inez S. MacDunnis		6 DATE OF BIRTH (month, day, and year) 4-17-1883		17 I HEREBY CERTIFY that I attended deceased from 4-17 1927 to 4/26 1927 that I last saw him alive on 4-26 1927 and that death occurred on the date stated above, at 2.21 pm.	
7 AGE Years 44 Months Days 9		8 OCCUPATION OF DECEASED (a) Trade, profession, or particular kind of work. Electric Welder		The CAUSE OF DEATH was following: Gen. Paralysis of the Insane	
9 BIRTHPLACE (city or town) (State or country) Nova Scotia		10 NAME OF FATHER Neil MacDunnis		CONTRIBUTORY (Secondary) (duration) yrs. mos. da.	
11 BIRTHPLACE OF FATHER (city or town) (State or country) Nova Scotia		12 MAIDEN NAME OF MOTHER Jenna McCauley		18 Where was disease contracted if not at place of death? no	
13 BIRTHPLACE OF MOTHER (city or town) (State or country) Nova Scotia				Did an operation precede death? no Date of	

“No winter lasts forever; no spring skips its turn.”
~ Hal Borland

A Little Sleuthing In The Vital Statistics Division

A call recently came from a man in Virginia, who was in a desperate search for his father’s death certificate.

This is not an unusual request, except for the fact his father died in Massillon in 1927.

Vital Statistics serves the community in a number of ways: birth certificates needed for travel or school registration, immunization records for athletic participation, death certificates for funeral homes or for families settling an estate.

Most requests can be filled by logging into the Ohio Department of Health’s databases. But there are times — like this request — that require going through old indexes and death records, which are not always organized or complete.

In this case, the research paid off. No matter the request, Vital Statistics will do everything it possibly can to fulfill it. Just call or stop by and fill out a short form. Most requests can be filled on site.



In This Issue

- Spring Cleaning for Heal
- Blustery Day For Pop-Up Pantry
- Make Food Selection A Family Affair
- Free seeds are back!

The Safe Way To Handle Spring Cleaning

A healthy home environment supports overall well-being, especially for individuals with asthma, allergies, or chronic respiratory conditions. Spring is an ideal time to refresh indoor spaces and reduce common environmental triggers.

Mold Prevention

Moisture is the biggest driver of mold growth. Fix leaks promptly and keep humidity below 50%. Use exhaust fans in bathrooms and kitchens, and remember to clean the fan covers regularly to prevent dust buildup. Clean visible mold on hard surfaces with soap and water. Replace items that cannot be fully cleaned, such as water-damaged ceiling tiles or carpet.

Safe Chemical Use

Cleaning products can irritate eyes, skin, and lungs if used incorrectly. Never mix bleach with ammonia or vinegar. Keep products in original containers with labels intact. Ensure good ventilation—open windows or run fans while cleaning. Store chemicals out of reach of children and pets.

Cold, Blustery Day For March Pop-Up Pantry



The Massillon Health Department in collaboration with the Massillon City Schools continue to host the Akron Canton Regional Foodbank's Pop Up Pantry.

Held the third Tuesday of every month from 12:30 p.m. to 2:30 p.m., this pantry provides essential groceries to families in need—all from the convenience of their vehicles. .

Each month, dedicated volunteers distribute food to hundreds of households.

Programs & Services

- Birth and Death certificates
- Nuisance complaints
- Food and pool inspections
- Women, Infants and Children Program (WIC)
- Childhood and COVID Immunizations
- Cribs for Kids
- Car seat installation checks
- Project Dawn Naloxone Kits
- HIV testing
- Fentanyl and Xylazine test Strips
- Anytime CPR Kits
- Gun locks

Closings

Good Friday

April 3, 2026

Spring Into Better Health

Spring is almost here — the perfect time to refresh our routines and bring more color, movement, and fresh foods into our day. As the weather warms up, it becomes easier (and more fun!) to make healthy choices that support the whole family.

1. Add Color to Your Plate

Spring brings an abundance of fresh fruits and veggies. Look for seasonal options like strawberries, spinach, asparagus, peas, and carrots. Fresh or frozen, both are great! Adding just one new colorful food each week can improve variety and help kids explore new tastes.

2. Get Active Outdoors

With longer days and milder temperatures, even small bursts of movement make a difference.

Try:

- Family walks after dinner
 - Park playtime
 - Backyard fun like follow the leader, hopscotch, or tag
- Regular activity boosts mood, focus, and overall health in as little as 10 minutes.

4. Plan Simple, Fresh Meals

Spring is a great time to reset meal routines. A few easy ideas:

- Veggie-packed omelets
- Fruit and yogurt parfaits
- Salads with seasonal add ins or grilled chicken

You don't need complicated recipes — just a few fresh ingredients can go a long way.

5. Make Nutrition Fun

Get the kids involved by letting them:

- Pick a new fruit or veggie at the store
- Wash produce
- Tear lettuce or mix ingredients

Hands-on experiences help build healthy habits and add to family fun!

Healthy Routines For Kids During Spring Sports

As children return to fields, courts, and tracks, establishing healthy routines helps prevent injuries and supports strong performance.

Hydration

Kids are more active outdoors as temperatures rise.

Encourage regular water breaks before, during, and after activity.

Choose water over sugary drinks or energy beverages.

Remind athletes to bring a labeled water bottle to practices and games.

Injury Prevention

Simple steps can reduce the risk of strains, sprains, and overuse injuries.

Make sure children warm up with light movement and stretching.

Use properly fitted protective gear (helmets, pads, mouthguards).

Contact Us

Front Desk/ Vital Stats (330) 830-1710

Health Commissioner
(330) 830-1712

Environmental
(330) 830-1795

Nursing
(330) 830-1714

WIC
(330) 830-1715

Location
611 Erie St S
Massillon, OH 44646

AVAILABLE FEBRUARY 23RD UNTIL SEEDS ARE GONE!

FREE PRODUCE AND FLOWER SEEDS ARE AVAILABLE AT THE FOLLOWING LOCATIONS

CANTON CITY PUBLIC HEALTH	420 MARKET AVE N - CANTON
STARK PARKS- SIPPO LAKE PARK	5712 12 TH ST NW - CANTON
BRIDGE POINT COMMUNITY SVCS	2701 CLEVELAND AVE S - CANTON
CANAL FULTON PUBLIC LIBRARY	154 MARKET ST E - CANAL FULTON
NORTH CANTON PUBLIC LIBRARY	185 N MAIN ST - NORTH CANTON
RODMAN PUBLIC LIBRARY	215 E BROADWAY ST - ALLIANCE
ALLIANCE CITY HEALTH DEPT	537 E MARKET ST - ALLIANCE
LOUISVILLE PUBLIC LIBRARY	1600 S NICKELPLATE AVE - LOUISVILLE
MASSILLON CITY HEALTH DEPT	611 ERIE ST S - MASSILLON
MASSILLON PUBLIC LIBRARY-MAIN	208 LINCOLN WAY E - MASSILLON
MINERVA PUBLIC LIBRARY	677 LYNNWOOD DR - MINERVA

Free Seeds!

Thanks to a generous donation from Marc's Grocery Stores, the Massillon City Health Department, along with other Stark County locations, has once again received a large donation of seeds.

The seeds are located in the Health Department's lobby, and they are FREE to everyone while supplies last.

Bring a bag!